

KARATE FUN'S KUGATSU KARATE-DO



TEACHING KARATE THROUGHOUT THE NORTH & WEST OF GLASGOW

TWO NEW CHILDREN'S AFTER-SCHOOL KARATE CLASSES STARTING IN 2017

We are pleased to announce that the Kugatsu Karate-Do are opening two new after-school Karate classes for children.

from **Monday 16th January**,
we will be running a weekly
class from 3.15pm - 4.15pm in

Ledgowan Hall
Ledgowan Place
G20 0JZ

from **Friday 3rd February**,
we will be running a weekly
class from 3.15pm - 4.15pm in

Scotstoun Stadium Building
(Concourse 2),
112 Danes Drive
G14 9HT

Karate is a fun, exciting and healthy activity for adults and children of all ages and abilities.

Karate helps children to be able to learn positive life skills early in their development as well helping them to become successful learners, confident individuals, responsible citizens and effective contributors.

Kugatsu Karate-Do, part of the Karate Fun family, was established in 1995 and is a thriving karate club based in the north and west of Glasgow, teaching Shukokai Karate to students of all ages and abilities.

Our Chief Instructor, Shihan Graham McCann (6th Dan), started his karate career in 1974 and is a national coach and European Karate Federation Judge (retired).



NO CONTRACTS

Class fees for new students are Adults £4.50 & Children £4.00 per class.

MONTHLY PAYMENT OF CLASS FEES IS REQUIRED AFTER THE FIRST MONTH.

PLEASE SEE OVERLEAF FOR SCHEDULE OF CLASSES

KUGATSU KARATE-DO

The Kugatsu Karate-Do are pleased to announce our new schedule of classes in the north & west of Glasgow.

Day	Time	Class	Location
Monday	3.15pm-4.15pm	After-school Karate Class	Ledgowan Hall, Ledgowan Place, Glasgow, G20 0JZ
	6.00pm-7.00pm	Junior Karate Class (P1-P3)	Scotstoun Stadium Building Concourse 2
	7.00pm-8.00pm	Junior Karate Class (P4-P7)	72 Danes Drive Glasgow
	8.00pm-9.00pm	Senior Karate Class	G14 9HD
Wednesday	6.00pm-7.00pm	Junior Karate Class (P1-P3)	Maryhill Leisure Centre 34 Gairbraid Avenue Glasgow G20 8YE
	7.00pm-8.00pm	Junior Karate Class (P4-P7)	
	8.00pm-9.00pm	Senior Karate Class	
Friday	3.15pm-4.15pm	After-school Karate Class	Scotstoun Stadium, Concourse 2, Danes Drive, Glasgow, G14 9HD
	5.45pm-6.45pm	Junior Karate Class (P1-P7)	The Scout Hall 66 Ripon Drive
	6.45pm-7.45pm	Karate Class (adult & child)	Glasgow, G12 0DY
Saturday	9.00am-10.00am	Advanced Junior Kata Class	The Scout Hall 66 Ripon Drive Kelvindale Glasgow G12 0DY
	10.00am-11.00am	Junior Kata Class (P1-P7)	
	11.00am-12.00pm	Senior Kata Class	
	12.00pm-1.00pm	Combat Circuits Class	

Our Karate classes provide an all-round and fun experience of karate and are suitable for adults & children of all ages and all abilities.

Our Kata classes provide members with the opportunity to focus the practice of kata (forms). Participation on the advanced junior class is by invitation.

Our combat circuits class is an all-round and affordable karate-themed fitness class for adults and young people (aged 11 years and above).



For more information visit
www.kugatsukarate.co.uk,
[facebook.com/KugatsuKarate](https://www.facebook.com/KugatsuKarate),
 email admin@karatefun.co.uk
 or telephone Graham McCann
 07885 954 223

The Kugatsu Karate-Do is a member of the Scottish Karate Governing Body and Shuko-Kai International and implements the Scottish Karate Governing Body Child Protection Policy.